## **GENERAL RULES**

- 1. Common courtesy prevails, be respectful of others' need for rest.
- 2. ABSOLUTELY No Guests. The only people permitted on the premises are paying customers. This is for our customers' comfort and security.
- 3. NO SMOKING Indoors. If you smoke outside, properly dispose of your waste.
- 4. Clean up after yourself. Leave it like you found it or better.
- 5. Keep your area tidy, make your bed and keep your possessions orderly.
- 6. What fits in your provided bins is how much you may keep at the facility and a few items in the closet.
- 7. Any articles left on the premises must be marked with your full name.
- 8. Please remove shoes at the door. This is just sanitary, you don't know what your shoes have been through.
- 9. Do not pull bags through the facilities and be careful not to hit the walls or doors while carrying through.
- 10. Never put any luggage on a bed. Your bags are the most likely way to transport hitch-hikers (bedbugs, fleas, spiders etc.)
- 11. The sheets and towels are your responsibility to wash and maintain (except Newark).
- 12. Everyone contributes to the accumulation of waste, take a turn putting out the trash.
- 13. Recycle where offered. Bins provided. Be green for our grandchildren please.
- 14. Thermostats need be kept 73 degrees in the summer months and 70 in the winter.
- 15. Two or more days off requires vacating the premises. This is a commuter facility.
- 16. Do not switch assigned rooms or beds without prior request. The bed you may be using may already be assigned.

## KITCHEN RULES

- 1. All canned and dry goods need to be stored in your food bag with your name on it in the designated food storage area.
- 2. Anything that you store in the refrigerator or freezer **must** have a name and date on it.
- 3. No gallon sized containers in the refrigerator. ½ gallon or smaller.
- 4. All leftovers, opened containers anything that has the potential to leak (packaged meats etc.) **must** be in a Ziploc bag with your name and date.
- 5. Wash, dry and put away any dishes you use. Do not use any of the dishwashers.
- 6. Clean up any mess you make inclusive of countertops, sink, floor, microwave, refrigerator and stove.
- 7. Make certain the food and beverages you consume belong to you.

## **BATHROOM RULES**

- 1. Do not leave any personal items in the showers or anywhere in the bathrooms.
- 2. Clean up any mess you make inclusive of splatter on the mirror and faucet, hair clippings, toothpaste in the sink, etc.
- 3. Where shower curtains are present, pull closed to allow proper drying (mildew prevention).
- 4. Don't leave dirty towels on the floor or hanging in bathrooms.

Please acknowledge that you have read and understand the	e above rules by
signing here	